# **Required Personal Equipment**

2024 Edition

	<u>Miscellaneous</u>
Worn or carried in pack	Spare headlamp or flashlight
Clothing	Duct tape
□ Base layers and socks	□ Toilet paper
☐ Shirt	☐ Ziploc bags
☐ Insulator layer	□ Water treatment
□ Long pants	☐ Legal ID/SAR ID
☐ Rain jacket and rain pants	First aid kit
☐ Hiking boots	Poody to add to pack
Leather work gloves	Ready to add to pack Shelter and fire kit
☐ Eye protection	Sheller and life kit  ☐ Survival blanket
□ Extra socks	☐ Blue tarp
Cold weather clothing	☐ Paracord
	☐ Fixed blade knife
□ Warm hat             □	☐ Storm proof matches
□ Extra insulator layer	☐ Fire starters
Navigation equipment	
□ Compass	Optional additional items
□ Paper map	How to suggest changes or updates
☐ GPS unit* or smartphone app	
□ Notepad	
☐ Pencil/pen and permanent marker	
Technical equipment	
□ Climbing helmet	
□ 20 ft red webbing	
☐ Purcell prusik	
□ Locking carabiners	
General equipment	
☐ Headlamp	
□ VHF radio	
☐ Food and snacks	
☐ Wood saw	
☐ Flagging tape	
☐ Plastic whistle	

# Worn or carried in pack

### **Clothing**

No cotton. Use a layering system to respond to changes in climate, weather, and activity. Expect the weather to be different at base than it is at home. **No cotton**. See Uniform Standards document for color and other requirements. No cotton.

☐ Base layers and socks		
Wicking synthetics, wool or silk		
☐ Shirt		
Orange uniform top.		
☐ Insulator layer		
Middle layer to retain body heat, but let moisture out Polyester fleece, wool sweater, puffy jacket		
☐ Long pants		
☐ Rain jacket and rain pants		
Waterproof breathable outer shell. Top outer layer must be orange or blue. Orange is preferred, blue if you are unable to find orange in your size.		
☐ Hiking boots		
Weather appropriate		
☐ Leather work gloves		
Protect your hands from thorns, ropes, knives, braided cables		
☐ Eye protection		
Safety glasses, goggles, sunglasses		
☐ Extra socks		

#### **Cold weather clothing**

These items are a minimum requirement in cold weather. Consider storing a selection of additional clothing in your vehicle.

☐ Warm gloves
Weather appropriate
□ Warm hat
Base layer for your head or helmet liner or balaclava
☐ Extra insulator laver

A second or heavier weight middle layer

# Navigation equipment

☐ Compass
Must have sighting mirror, adjustable declination correction, and bearing dial
□ Paper map
Mission specific maps are often distributed by Incident Command to Team Leads at base. Paper maps offer a comprehensive big picture of the area and allow for plotting with a compass. Consider packing a general map of the Columbia River Gorge or similar.
☐ GPS: iPhone or Android device with Caltopo
Device fully charged, with spare batteries or charging device, enough for a 24 hour deployment. Garmin GPS (GPSMAP 62 or newer) devices are also acceptable but Caltopo is the standard.
□ Notepad
Waterproof - Rite in the Rain
☐ Pencil/pen and permanent marker
Rite in the Rain compatible

## **Technical equipment**

## **General equipment**

☐ Headlamp	
Device fully charged, and bring spare batteries or charging device	
□ VHF radio	
Device fully charged, with spare batteries or charging device, recommended	
models:	
<u>UV-82c</u>	
TERA TR-590	
Wouxun KG-UV3X Pro Dual Band	
□ Water	
— Water	
2 liters minimum	
☐ Food and snacks	
24 hr supply, 2000+ calories	
□ Wood saw	
=	
Fast and efficient folding saw	
☐ Flagging tape	
Hot pink survey tape	
☐ Plastic whistle	
Fox 40 or Storm non loss design	
Fox 40 or Storm, pea-less design	

#### **Miscellaneous**

☐ Spare headlamp or flashlight
Device fully charged, and bring spare batteries or charging device
☐ Duct tape
3 ft minimum
☐ Toilet paper
☐ Ziploc bags
2 ea gallon, 2 ea quart (freezer)
☐ Water treatment Chemical, filter, UV or boiling
☐ Legal ID/SAR ID

#### First aid kit

☐ 4 inch ace wrap
☐ (6) 1 inch adhesive bandages
☐ 1 inch cloth adhesive tape
☐ (2 Pairs) non-latex barrier protection gloves
☐ (2) 5x9 compress
☐ CPR barrier protector
☐ Electrolyte replacement
☐ (2) heat packs
☐ Personal medications
☐ Moleskin, blister block or equivalent
☐ 4 inch roll gauze
☐ SAM splint or wire splint
☐ Trauma shears
☐ Triangular bandage
☐ Waterproof SOAP note sheet

## Ready to add to pack

#### Shelter and fire kit

At least one **shelter and fire kit** will be carried per team on most missions. On some missions every team member will carry their **shelter and fire kit**. The Person In Charge and Team Leaders will decide what kits are required for the mission.

□ Sı	urvival blanket	
	Heavy duty 5x7 ft orange emergency tarp (not single use)	
□ВІ	ue tarp	
	Blue 8x10 ft, or sil-nylon equivalent	
□ Pa	aracord	
	50 ft of 550 nylon cord	
☐ Fixed blade knife		
	Full-tang, single-edge with a 3 x $\%$ inch minimum blade for batoning wood	
☐ Storm proof matches		
	REI or UCO storm proof wooden matches in a plastic waterproof case	
□ Fi	re starter	
	Such as jelly balls, dryer lint candles, pitchwood, or other reliable ignition	

## **Optional additional items**

These items are NOT required. You might want to keep some of these in your vehicle in case conditions indicate their use. This is not an exhaustive list.

- Gaiters
- Personal medical accessories
  - Medications, Insect Repellant, Bandages, Tourniquet, Oximeter, Blood Pressure Monitor, Glucometer, Lip Balm, Sunscreen, Super Glue, Cold Packs
- Satellite communication device (InReach, Spot, etc.)
- Waterproof pack cover
- Tent stakes
- Watch
- Garbage bags
- Folding knife/tool
- Winter gear
  - Backpacking stove (JetBoil, MSR, etc)
  - Small insulating foam pad
  - Trekking poles
  - Snowshoes\*
  - Microspikes
  - Avalanche beacon\*
  - Avalanche probe\*
  - Goggles
  - Snow shovel\* (Lightweight metal, not plastic)
  - o Crampons
  - Ice ax\*
- Handkerchief
- Aluminum foil
- Knee pads
- Binoculars
- Spork
- Lighter
- Glow sticks or blinking light

<sup>\*</sup> Limited team equipment available for checkout

## How to request changes or updates

- For changes to equipment items listed, contact a board member with your ideas. The board will consider these updates on a semi-annual basis.
- You can also start a discussion on the Slack <u>#equipment</u> channel to gather feedback before requesting changes.