



Pacific Northwest Search and Rescue

Personal Equipment List

CLOTHING	
<p><i>Cotton clothing MAY NOT be worn in the field from October through May. In the Pacific Northwest, hypothermia is a year-round threat. Thus, cotton is not recommended at any time of year, as it does not wick moisture from the skin, but rather, it holds moisture quite well. Don't wear it next to your skin. Good choices are synthetics (polypropylene, Thermax, etc) and wool or silk. These pull moisture from the skin so you feel drier and warmer.</i></p>	
Required	
Shirt - Orange (uniform if available)	Long Pants
Base Layer - Top and Bottom, Weather Appropriate	Sweater - Wool or Poly Fleece
Gloves - Weather Appropriate	Socks - 2 Pair
Hat/Helmet Liner/Balaclava - Weather Appropriate	Leather Work Gloves
Pants - Waterproof Breathable Shell	Orange Vest or Orange Outer Shell
Parka - Waterproof Breathable Shell (with attached hood)	Boots with Lug Soles - Over Ankle; NO TENNIS SHOE TYPE BOOTS
Recommended	
Gaiters	Extra Sweater
Extra Base Layer	Back Support
Change of clothes and shoes for 2nd assignment and/or ride home	
NAVIGATION	
Required	
Compass with sighting mirror and mechanical declination adjustment	Backup Compass or GPS
Notepad (Waterproof - Rite in the Rain)	Pencil/Pen and Permanent Marker
Recommended	
GPS	UTM Grid Reader
Maps - USGS 7.5 minute Topo - Usually provided by IC	
Optional	
Map Case	Altimeter
SURVIVAL AND GENERAL EQUIPMENT	
Required	
Knife - Fixed Blade (see knife policy)	Locking Carabiners - 2 ea. (3/4" gate opening)
Prusik - 6mm x 6', pre-tied	Purcell Prusik - 6mm x 10', pre-tied
Signal Mirror (May use compass mirror)	Food and Snacks (24 hr supply)
Survival Blanket (Heavy Duty - NO THIN MYLAR)	Eye Protection (safety glasses, goggles, sunglasses)
Survey Tape (Hot Pink)	Poly Tarp - Blue 8' x 10' or bivy sack
Plastic Whistle	Headlamp or Hands-Free Light w/ extra batteries and bulbs
Fire Starters	Spare Flashlight w/ extra batteries and bulbs
1" Tubular Webbing - 14' and 20' lengths	Water - 2 qts MINIMUM
550 Nylon Cord - 50'	Extra batteries for FRS radio, GPS, etc
REI Storm Proof Wooden Matches	Toilet Paper
Match Holder (Plastic, Waterproof)	Wood Saw
Climbing Helmet - UIAA/CE certified	Ziploc Bags - 2 ea Gallon and 2 ea Quart (Freezer)
Legal ID/SAR ID	Duct Tape - 3 ft min
Water Treatment (Chemical, Filter, UV, Boiling)	
Recommended	
FRS/GMRS Radio - PNWSAR standard operating channel is 9-11	
Green Light Sticks	Backpacking Stove
Metal cup or small pot	Small Foam Pad
Adjustable Pack Cover	Tent Stakes
Camera	Watch
Optional	
Garbage Bags (Large)	Binoculars
Knife Sharpener	Trekking Poles
Handkerchief	Eating Utensils
Aluminum Foil (Heavy Duty)	Cigarette Lighter
Knee Pads	Toiletry/Towels
Candle (Long Burning)	Tape Measure
Tracking Stick	Rope Throw Bag



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FIRST AID KIT	
<i>Required</i>	
Barrier Protection Gloves - 2 pair, no latex	Heat Packs
4x4 Bandages - 6 ea.	Triangular Bandage
Adhesive Bandages - 6 ea, 1"	Personal Medications
Adhesive Tape - cloth, 1"	Waterproof SOAP Note Sheet
CPR Barrier Protector	Ace Wrap/Israeli Bandage
Compress - 5x9	Roll Gauze (eg: Kerlix) - 2" min
<i>Recommended</i>	
Moleskin, Blister Block or equivalent	Cold Packs
Sunscreen	Insect Repellent
Scissors or Trauma Shears	Antihistamine
SAM Splint or Wire Splint	Analgesic (Tylenol/Aspirin/Ibuprofen/Naproxin Sodium)
Lip Protection	Thermometer
Electrolyte Replacement	Super Glue
First Aid Handbook	
IN YOUR VEHICLE	
<i>Required</i>	
Thomas Guide	National Forest Maps
Gazeteer/Benchmark Atlas	
<i>Recommended</i>	
Large Backpack	Tow Strap
Wool Blanket	Tire chains
Shovel	Sleeping Bag
Backpacking Tent	
WINTER GEAR	
<i>Recommended</i>	
Snowshoes	Snow Shovel (Lightweight metal scoop blade, no plastic or Lexan)
Goggles	Avalanche Beacon
Avalanche Probe	
<i>Optional</i>	
Ice Axe	Crampons
Skis - XC/AT	Ski Poles
Snow Saw	